# THE TREEHOUSE SCHOOL UPDATE

lssue 160 August 2016



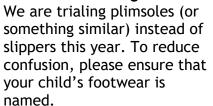
#### Stackpole 2016



You are invited to join us at The Scout Hall on Thursday 31<sup>st</sup> August at 6.00 pm to find out all about our adventures in Stackpole this year. Drinks and nibbles will be available. Please invite any relatives, older siblings, former Gang members etc. on our behalf. New Gang members and their parents very welcome, not suitable for younger siblings.









#### Camp Treehouse 2016 -Thursday 15th to Friday 16th September

For the last few years, we have held an overnight camp at the beginning of the school year, which is a great experience and opportunity for the Gang to gel. This year, we will be spending the night at Bridge House Campsite, Shillingford. More details and a kit list will follow...Please note there will be an early finish on Friday (16<sup>th</sup>), with children returning home before lunch.

#### Long Time No See!

As the end of the summer holidays approach, I hope that you feel well rested and ready for another exciting and challenging year ahead at The Treehouse! We are very much looking forward to 'offically' welcoming Beatrix, Dylan, Fin and Louis, and their families, to The Treehouse, although we feel like you have all been a part of The Gang for some time now!

Finally, we wish Alex, Freya, Mags and Tess all the very best as they start the next phase of their educational journey.

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Date	Event/Activity
Thurs 1 <sup>st</sup> September	6.00 pm <b>Stackpole Evening</b> at
	The Scout Hall
Mon 5 <sup>th</sup> September	INSET Day
	5.30 pm Trustees' Meeting
Tues 6 <sup>th</sup> September	8.45 am New Term Begins.
	Happy Fourth Birthday
	Treehouse! Bring and share
	lunch for children - more
	details to follow.
	2.45 pm - Come and meet Jo
	Lindholm at The Scout Hall.
Fri 9 <sup>th</sup> September	Friday Forest at <b>The</b>
	Millennium Woods. Please
	collect your child from the
	woods at 3.15 pm.
	11.00 am Service of
	Remembrance at The
- + h	Pavilion. All welcome.
Sat 10 <sup>th</sup> September	The Ambling Amigas (Vicky,
	Sophie, Pat, Asuka and Claire)
	walking along the Thames
	Path, from Oxford to Henley,
S + 40 <sup>th</sup> S S + 44 <sup>th</sup>	a total of 52 miles in one day!
Sat 10 <sup>th</sup> & Sun 11 <sup>th</sup>	Agatha Christie Weekend.
September	2.45
Mon 12 <sup>th</sup> September	2.45 pm <b>Library Visit</b> at The
	Pavilion. Please join us if you would like to/or collect your
	child from the Pavilion at
Tues 13 <sup>th</sup> - Thursday	2.45 pm. 8.45 am Move to Learn - Drop
15 <sup>th</sup> September	Off at The Scout Hall
Thurs 15 <sup>th</sup> - Fri 16 <sup>th</sup>	Camp Treehouse - more
September	details to follow.
September	details to follow.

See you all on Tuesday 6<sup>th</sup> September at 8.45 am!



## Going for Gold!

#### Keeping you in the Loop - New Initiatives at The Treehouse

#### Yes I (we) Can!

Inspired by a number of sources, including the success of the Olympic athletes, as well as the arrival and subsequent enthusiasm and input from new Cholsey resident Jo Lindholm, we have an exciting year ahead here at The Treehouse.

As we learn more about how the brain works, we understand more about how to get the very best out of each child. Our first step is to make sure that every child feels good about themselves, alongside developing their capacity to get stuck into the opportunities and experiences that we offer. We will keep you posted...

#### Move to Learn

As you may recall, after some thought provoking training, and help from local expert Mary Mount Stephenson, this academic year we look forward to implementing the 'Move to Learn' programme. From Monday 12<sup>th</sup> September, the children will learn and practise different movements on a daily basis, which will help their posture, co-ordination, ability to learn and behaviour.

Apart from Mondays, we have decided to start our day off with the exercises, which will take place in The Scout Hall, Tuesday to Friday from 8.45 - 9.15 am. Please do your best to ensure that your child is at school promptly for 8.45 am every day so that they benefit fully from this initiative.

### Are You Looking for Something To Do?



Nature Smarties: Tess took the photograph above whilst on holiday in Cornwall, can you work out what it is? E-mail Tess with your ideas or suggestions.

Have a go at photographing something unusual or interesting and e-mail the photograph to Lee to include in The Update.

#### **Summer Holiday Challenges**

We look forward to hearing all about your summer holiday adventures and how you got on with the challenges that we gave you. Please bring (or send in if you are now a Year Seven!) anything you wish to share with us all on Wednesday 7<sup>th</sup> September.

Recently Alexandra Kenney delivered a gift of delicious, homemade blackberry syrup. It's just the right time now to capture a few bottles using the last of the season's fruits. This quick recipe for blackberry syrup doesn't have any frills — it's just the unadulterated taste of summer in a jar! Add it to anything you can think of, from ice cream to sparkling water.

#### **Blackberry Syrup**

THIS ISN'T A PARTICULARLY THICK SYRUP SINCE IT DOESN'T GET ANY HELP FROM ADDED THICKENERS. THE KEY HERE IS REDUCING IT DOWN TO YOUR DESIRED THICKNESS, AND ALLOWING IT TO CHILL.

Yields about 1/2 cup (recipe can easily be doubled or tripled)

1 pound fresh or frozen blackberries, thawed if frozen

1/4 cup plus 2 tablespoons sugar, plus more to taste 1/4 cup water

Juice from one lemon

In a medium saucepan, bring the blackberries, sugar, water, and lemon juice to a boil. Reduce heat and simmer until berries are falling apart and sauce has thickened just a bit, 20 to 25 minutes.

Strain the sauce through a fine mesh sieve, pushing to extract all of the liquid from the berries. Transfer to the fridge; sauce will thicken as it chills. Store in an airtight container in the refrigerator for up to two weeks.

This week, a special mention to Jo, Mitch and Sally for their help at Stackpole.